

York Medical Practice Patient Group

Patient's Newsletter – No 10

July 2021



Hello everyone

We are glad to be back with our Newsletter.

Our Patient Group continued to meet during the Covid lockdown by means of Zoom meetings. It meant we were able to be kept abreast of the progress of the vaccination programme and to the changes that happened in the surgery and to the care we receive from the Practice.

The Patient Group, on behalf of all patients, would like to thank the Staff of the Practice and the way they handled lockdown and the vaccination programme.

Unlike some other Practices the York Medical Practice stayed open during all the lockdowns, although on some days the entire Practice was out of action when mass-vaccination was being carried out. Appointments were provided mostly by telephone or, if necessary, a face-to-face consultation with suitable face coverings was arranged.

In all, some 9000 first and second jabs were given and on the busiest vaccine days there were 17 staff from across four practices, York Medical Practice, Cross Deep, Crane Park and Woodlawn and a team of 9 volunteers who worked as marshals outside in all weathers.

Since the beginning of June Patients have been able to have a telephone consultation or a face-to-face consultation with a clinician as they choose.

Chronic Disease Management

If you suffer with a long-term condition that is reviewed annually, the Practice will invite you for a review appointment in your birthday month. Reviews are predominantly taking place face to face unless you would prefer to do this as a telephone call. If you have multiple long-term conditions you will be invited for an extended appointment with a member of the nursing team. It is really important that you do not miss your appointment when you are invited so that the Practice can monitor your condition and provide you with any support that you may need.

Long Covid

Have you been affected by Long Covid? Or you know anyone who has? Richmond Healthwatch would like to hear your feedback. This will help them to understand what support is needed for people who have Long Covid. Call 020 8099 5335 or email participation@healthwatchrichmond.co.uk

Arrivals and Departures in June 2021



Dr Quentin Parsons, Senior Partner, retired from the Practice at the end of February 2021. We wish him a very happy and lengthy retirement and thank him for his many years' service to the Practice and patients. He will be much missed by staff and patients alike.

Dr Chris Watts is now the senior partner

Anusha Ravi has joined the practice as a Physician Associate. Anusha is full time, working Monday – Friday and supports the Doctors and Nursing team in the management of patients. Anusha is trained to perform a number of roles including: taking medical histories, performing examinations, analysing test results and diagnosing illnesses under the direct supervision of a Doctor.

Leah Randall, Tia Molloy and Zainab Khan have joined the practice as Medical Administrators.

Here are a few of the many useful organisations within our Borough:

1. General information about local services: richmond.gov.uk
2. **Healthwatch:** Healthwatchrichmond.co.uk. Their sole purpose is to understand the needs, experiences and concerns of people who use health and social care services and to speak out on their behalf.
3. **Richmond Mind:** rbmind.org. Promotes better mental health across the borough.
4. **Dose of Nature** (Mayor of Richmond's Charity this year)
doseofnature.org.uk promotes the mental health benefits of engaging with the natural world.