

Health Walk for YMP Patients

Organised by the PPG and Patients of York Medical Practice

DATE/TIME - Friday 16th February at 10.30

Meet – York Medical Practice Entrance Lobby

ROUTE We are taking a different route for this walk starting at the practice, and the walk will take about 45 minutes. Walking first past the station on our right and down the first road on the left – Court Way off Whitton Road towards to old College. We then will come through the Crane Walk and follow it until it comes near Mill Road. There will be opportunities to see Wildlife and the wooden statues of birds, ending in Kneller Gardens on Meadway.



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People can decide to take a bus back to Twickenham (H22, 490 or 110) from the Junction of Mill Road, Staines Road or walk home or back to Twickenham. We look forward to meeting you on 16th February at 10.25 ready to start.

Please RSVP to the York Medical Practice Reception.